

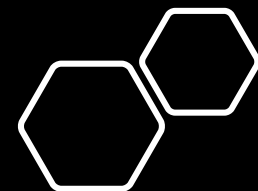


**Somalia
Education
Cluster**

**Kutlada
Waxbarashada
Somalia**

Key Messages

COVID19





Wasaaradda Caafimaadka & Daryeelka Bulshada
Ee Dowladda Federaalka Soomaaliya

Iska ilaali inaad qaado cudurka korona

Ka taxadar marwalba inaadan
gacmaha ku taaban Indhahaaga,
Sankaaga iyo Afkaaga

Protect yourself from getting sick

Avoid touching eyes,
nose and mouth



Wasaaradda Caafimaadka & Daryeelka Bulshada
Ee Dowladda Federaalka Soomaaliya

Iska ilaali inaad qaado cudurka korona

Ka fogoow in aad si toos ah u taabato
dadka qaba xanuunka (sida ka taabashada
indhaha, sanka, iyo afka) iyo sidoo kale
xayawaanka duurjoogta ah ee la xanaaneeyo

Protect yourself from getting sick

Avoid unprotected
contact with sick people
(including touching one's
eyes, nose (or mouth)
and with live farm or wild
animals





Wasaaradda Caafimaadka & Daryeelka Bulshada
Ee Dowladda Federaalka Soomaaliya

Ka ilaali in dadka kale u gudbo cudurka korona

Nadiifi gacmaha kadib
marka aad qufacdo
iyo marka aad hindhisto
ama aad caawiso qof
xanuusan



Protect others from getting sick

Clean hands after
coughing or sneezing
and when caring for sick



Wasaaradda Caafimaadka & Daryeelka Bulshada
Ee Dowladda Federaalka Soomaaliya

Ka ilaali in dadka kale u gudbo cudurka korona

Markaad isticmaasho
tiishka ku rid weelka
qashinka lagu rido
oo xiran



Protect others from getting sick

Throw tissue into
closed bin after use





Wasaaradda Caafimaadka & Daryeelka Bulshada
Ee Dowladda Federaalka Soomaaliya

Ka ilaali in dadka kale u gudbo cudurka korona

ku dabool sanko iyo afka
tiish, fasaleeti ama xusulka
marka aad qufacayso iyo
marka aad hindhisayso



Protect others from getting sick

Cover mouth and nose
with tissue, sleeve or
elbow when coughing
or sneezing



Wasaaradda Caafimaadka & Daryeelka Bulshada
Ee Dowladda Federaalka Soomaaliya

ka ilaali naftaada iyo dadka kale in uu ku dhaco cudurka korona

Ku dhaq gacmahaaga saabuun iyo biyo

- Markasta oo aad qufacdo ama hindhisto
- Haddii aad xanaaneynaysid qof xanuusan
- Ka hor intaadan cuntada diyaarinin
- Ka hor intaadan cuntada qeybinin
- Ka hor intaadan cuntada cunin
- Ka dib isticmaalka suuliga/musqusha
- Marka ay gacmahaagu wasakhaysanyihiin
- Ka dib marka aad xoolaha/xayawaanka aad taabatid



Protect yourself and others from getting sick

Wash your hands

- After coughing or sneezing
- When caring for the sick
- Before, during and after you prepare food
- Before eating
- After toilet use
- When hands are visibly dirty
- After handling animals or animal waste



Ministry of Health
& Human Services- FGS



Wasaaradda Caafimaadka & Daryeelka Bulshada
Ee Dowladda Federaalka Soomaaliya

Yaree khatarta kaaga imaan karta caabuqa cudurka korona

Si ficnan u kari hilibka iyo ukunta

Reduce your risk of coronavirus infections

Thoroughly cook meat and eggs





Wasaaradda Caafimaadka & Daryeelka Bulshada
Ee Dowladda Federaalka Soomaaliya

Yaree khatarta kaaga imaan karta caabuqa cudurka korona

Aad ha ugu dhawaan
qofka qaba astaamaha
hargabka



Reduce your risk of coronavirus infections

Avoid close contact with
anyone with cold or
flu-like symptoms



Wasaaradda Caafimaadka & Daryeelka Bulshada
Ee Dowladda Federaalka Soomaaliya

Yaree khatarta kaaga imaan karta caabuqa cudurka korona

ku dabool sanko iyo afka
tiish, fasaleeti ama xusulka
marka aad qufacayso iyo
marka aad hindhisayso



Reduce your risk of coronavirus infections

Cover nose, mouth
when coughing, and
sneezing with tissues or
flexed elbow





Wasaaradda Caafimaadka & Daryeelka Bulshada
Ee Dowladda Federaalka Soomaaliya

Yaree khatarta kaaga imaan karta caabuqa cudurka korona

Ku nadiifi gacmaha
saabuun iyo biyo ama
waxyaabaha gacmaha lagu
nadiifiyo ee aalkolada leh



Reduce your risk of coronavirus infections

Clean hands with soap
and water or alcohol-based
hands rub

