

## UNICEF IEC Materials – Somali Version

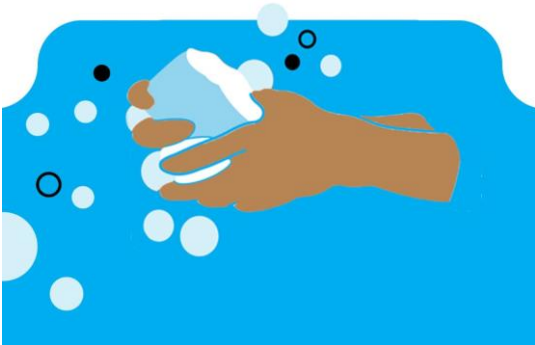
Dabool afkaaga iyo sankaaaga marka aad  
**Hindhisoooneyso** ama **qufacayso**.



Hadii aad isku aragto qandho, qufac  
Iyo neefsashada oo ku dhibeysa,  
**Goor hore doono daryeel**  
**caafimaad.**



**Gacmahaaga** si joogta ah ugu dhaq  
saabuun iyo **biyo**.



**Iska ilaali in aad ku dhawaato** qof  
ay ka muuqdaan calaamadaha durayga  
ama hargabka.



# UNICEF IEC Materials – English Version

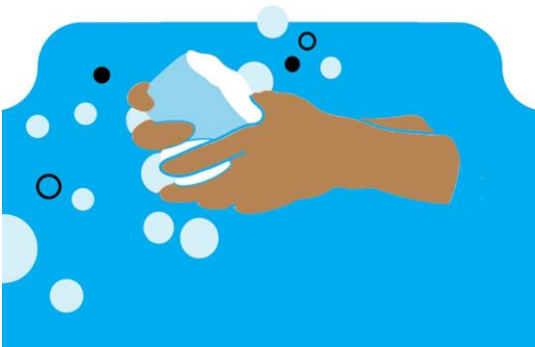
If you have fever, cough and difficulty breathing, **seek medical care early.**



**Cover** your mouth and nose while **sneezing** or **coughing**.



**Wash** your hands regularly with **soap** and **water**.



**Avoid close contact** with anyone who has a cold or flu-like symptoms.

