**Nutrition and Health Planetary Poll – September 2020**

**Total U-Reporters Responded**
- **19,344**
- **42% Female**
- **58% Male**

**Yobe** 24%  
**Adamawa** 36%  
**Borno** 40%  

---

**Did you ever see or hear campaigns via radio, television or community/town announcers on breastfeeding practices?**
- **Yes** 64%
- **No** 36%

**N=18,522**

**Do you agree that babies 0 – 6 months should not be given anything (not even water) apart from breastmilk?**
- **Yes** 83%
- **No** 17%

**N=14,812**

---

**Why you do not agreed that babies 0 – 6 months should not be given anything (not even water) apart from breastmilk?**
- They do feel thirsty in hot weather 33%
- Breastmilk is not enough 16%
- Water is a blessing to the baby at birth 16%
- Water helps to digest breastmilk 14%
- No; babies shouldn’t be given water 14%
- Water calms them when they cry 7%

**N=2,027**

---

**Which of these do you think is bad for the environment?**
- **All of the Above** 38%
- Burning firewood and charcoal 32%
- Disposing containers of baby formula 22%
- Production and preparation methods of infant formula 8%

**N=9,438**

---

**Do you know that breastmilk helps babies to fight common diseases and it helps both mother and child remain alive and well?**
- **Yes** 89%
- **No** 11%

**N=11,665**

---

**Do you know that mothers with COVID-19 can still breastfeed infants?**
- **Yes** 42%
- **No** 58%

**N=8,734**

---

[LINK TO NUTRITION AND HEALTH PLANETARY POLL](#)