Overcoming barriers to health care access in the West Bank with mobile clinics

27 May 2019 - A small room in an improvised school in Zakariah village, the West Bank, occupied Palestinian territory, used to serve as a patient consultation space for a mobile clinic providing primary healthcare services in the area. Last year, the clinic stopped operating due to a lack of funding, leaving a community of 650 without access to essential health care.

Since then, to get even basic health services, Zakariah residents have to travel to a health clinic in Bethlehem – about 12 kilometres from the village. The distance, however, is not the biggest barrier for the community to access the health care they need. A journey to the town is costly, time-consuming and frequently stressful. The villagers need to pass through a number of checkpoints which makes access often unpredictable and at times heavily restricted. Zakariah is
surrounded by settlements that hamper free movement for the community. It is not safe for residents to leave the village on foot, meaning that they need a car to reach Bethlehem. The majority does not have a car and there is no public transport, so many in the community rely on the only taxi driver in the village to reach health facilities for appointments.

“It’s very hard for the villagers to see a doctor,” says Zakariah’s community leader. He is the first person people come to in cases of emergency. “When there is a case that requires urgent medical attention, I am looking for ways to either reach the hospital in Bethlehem or bring an ambulance to the village, but these trips can sometimes take hours.” But in emergency situations, any delay in care can have serious adverse consequences on patient outcomes. A woman from the community took first aid training from the mobile team to ensure immediate assistance is available. She can also provide non-prescription medication to reduce fever and pain as a temporary measure.

Zakariah village is among 100 communities or so with about 114,000 residents in Area C* that have limited or no access to primary healthcare services. The geographical, legal and administrative fragmentation of the West Bank creates barriers for them to access health, but these obstacles are particularly severe for those in Area C. Like in Zakariah, many communities rely on mobile health clinics to get primary health care.
West Bank Communities in Need of Primary Health Care (PHC) Services

People with limited access to PHC services: 159 k
- Served or functioning: 124 k
- Not served or not functioning: 35 k

Communities: 148
- Served or functioning: 97
- Not served or not functioning: 51

Clinics: 22
- Served or functioning: 7
- Not served or not functioning: 15

Partners: 10
- Served or functioning: 4
- Not served or not functioning: 6

124 k out of 159 thousand people in need are currently served by Ministry of Health and Health Cluster Partners with primary healthcare services.

83% of the people with limited access to primary health care services, are located in Area C*

**The population currently in need per governorates**
- Hebron: 47.7 k
- East Jerusalem: 8.4 k
- Salfit: 4.7 k
- Qalqilya: 4.5 k
- Tulkarm: 11.7 k
- Bethlehem: 14.8 k
- Jenin: 25.9 k
- Tubas: 3.6 k
- Nablus: 8.7 k
- Jericho: 24.5 k
- Ramallah: 5 k
- Total: 159 k

**Mobile Health Clinic in the West Bank**
- Provides primary health care services for a community as well as treatment and some laboratory tests.
- Serves communities in Area C, H2 and seam zones that have no access to primary healthcare services.
- Includes a doctor, nurse and midwife.
- Is registered and licensed to practice by the Ministry of Health.
- Visits each community at least 4 times per month.
- Follows an established referral mechanism for secondary and tertiary level care facilities.

*Over 60 per cent of the West Bank is considered Area C, where Israel retains near exclusive control, including over law enforcement, planning and construction. Most of Area C has been allocated for the benefit of Israeli settlements or the Israeli military, at the expense of Palestinian communities.*

For more details of health services provided by mobile clinics, please visit www.healthclusteropt.org or contact Ayadil SAPARBEKOV: asaparbekov@who.int / Noor SAID: nsaid@who.int